

JUNE 2024

MORNINGSTAR SENIOR LIVING OF PASADENA

MorningStarSeniorLiving.com	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>30 9:30 Morning Walk with Ryan 10:30 Tech Help: Please Sign up in Binder by Double Door Elevator 2:00 Bistro Social: Baseball Game Dodgers vs Giants 6:30 Movie Night</p>	<p>GET PUMPED!  WALK FOR WELLNESS CHALLENGE THIS JUNE</p>	<p>HONORING JUNETEENTH FREEDOM DAY </p>	<p>Resident's Birthday 6/2 - Susan A. 6/5- Georgann M. 6/7- Judy P. 6/12 - Richard S. 6/17- Dennis R. 6/19- May W.</p>	<p>Staff Birthday 6/20- Mitchell H. 6/22- Beverly H. 6/22- Jeanne W. 6/24- Cecile D. 6/30- Marie T.</p> 	<p>6/5 - Sonia C. 6/16 - Marissa R. 6/8 - Vanessa C. 6/17- Hilda H. 6/9 - Ryan C. 6/18 - Nelly L.</p>	<p>1 9:30 Strength & Endurance Fall & Prevention Exercise Class 10:45 Morning Gardening Club with Resident Debby 1:45 Jewelry Making Workshop with Resident Georgann 4:00 Music with Judy Kjos 6:30 Movie Night</p>
<p>Pasadena City College Classes Tuesdays and Thursday 2:30PM Music with Judy Kjos 6/1 & 15 4:00PM Live Entertainment with Joey Aaron 6/2 3:00PM Live Evening Entertainment with Dave Silversparre 6/6 5:30PM Live Entertainment with Vocalist & Pianist Peter Hubner 6/7 3:00PM Music with Larry Evans 6/9 3:30PM Museum Outing: The Huntington Library & Botanical Garden 6/12 10:30AM Music Therapy with Joe Kaufman 6/13 10:45AM Adventures with Doug "Half Dome" 6/17 3:30PM Health Chat with Empower Me "Mindful Living" 6/18 2:00PM Taste, Travel & Explore: New Orleans 6/19 3:00PM Alzheimer's Association Fundraiser Event 6/20 2:00PM Live Entertainment with Jordan Preston 6/24 3:00PM Lunch Outing: Twohey's Restaurant 6/25 11:30PM Birthday Celebration with Michael Quest 6/26 3:00PM Live Entertainment with Neil Dorval 6/28 3:00PM</p>	<p>2 9:30 Morning Walk For Wellness 10:30 Tech Help: Please Sign up in Binder by Double Door Elevator 3:00 Live Entertainment with Joey Aaron 6:30 Movie Night</p>	<p>3 9:00 Walk to and through Arlington Garden with Ryan 10:10 Steel Feather Fitness: Zumba 1:30 Trip to Trader Joe's 6:30 Movie Night</p>	<p>4 National Cheese Day 9:30 Hybrid Exercise with EmpowerMe 10:30 Brain Teaser: Jeopardy Trivia 2:00 25¢ Bingo with Vanessa 2:30 Pasadena City Community College "Music appreciation" 4:30 Walk For Wellness</p>	<p>5 9:30 Strength & Training w/ Randal 10:00 Alzheimer's Fundraiser: Donuts with a Day 10:30 Catholic Service 1:30 Documentary Wednesday 3:00 Chelsea's Wedding Shower 4:00 Bible Study with Hannah 6:30 Movie Night</p>	<p>6 9:30 Strength & Training w/ Randal 10:30 Brain Teaser: Scattergories 2:30 Pasadena City Community College "History of European Art" 4:30 Walk For Wellness 5:30 Live Evening Entertainment with Dave Silversparre</p>	<p>7 National Donut Day 9:30 Words in Phrase 10:10 Steel Feather Fitness: Zumba 2:00 Rummikub with Friends 3:00 Live Music with Vocalist & Pianist Peter Hubner 6:30 Movie Night</p>	<p>8 9:30 Strength & Endurance Fall & Prevention Exercise Class 10:45 Morning Gardening Club with Resident Debby 1:45 Halo Group Meeting with Betsy (Card Signing Club) 6:30 Movie Night</p>
	<p>9 9:30 Morning Walk For Wellness 10:30 Tech Help: Please Sign up in Binder by Double Door Elevator 3:30 Larry Evans Performs 6:30 Movie Night</p>	<p>10 National Iced Tea Day 10:10 Steel Feather Fitness: Zumba 1:30 8 Ball Pool with Ryan 3:00 Bistro Social: Iced Tea Tasting 6:30 Movie Night</p>	<p>11 9:30 Hybrid Exercise with EmpowerMe 10:30 Coffee & Donuts with Kevin 2:00 25¢ Bingo with Vanessa 2:30 Pasadena City Community College "Music appreciation" 4:30 Walk For Wellness</p>	<p>12 9am Hearing Life Visit 9:30 Strength & Training w/ Randal 10:30 Catholic Service 10:30 Museum Outing: The Huntington Library 3:30 Funny Money Auction 4:00 Bible Study with Hannah 6:30 Movie Night</p>	<p>13 9:30 Strength & Training w/ Randal 10:30 Chat with Chef Rigo 10:45 Music Therapy with Joe Kaufman 2:30 Pasadena City Community College "History of European Art" 4:30 Walk For Wellness</p>	<p>14 Flag Day 9:30 Words in Phrase 10:10 Steel Feather Fitness: Zumba 11:00 Butterfly Vendor 1:00 Paint & Sip Art Therapy Clinic with The K.E.E.P Foundation 1:30 Trip to Target 2:00 Rummikub with Friends 6:30 Movie Night</p>	<p>15 9:30 Strength & Endurance Fall & Prevention Exercise Class 10:45 Morning Gardening Club with Resident Debby 1:45 Arts & Crafts: Paper Collage Making with Resident Patricia M. 4:00 Music with Judy Kjos 6:30 Movie Night</p>
	<p>16 Father's Day 9:30 Morning Walk For Wellness 10:30 Tech Help: Please Sign up in Binder by Double Door Elevator 3:00 Father's Day Special with Magician Jerry Langford "Illusions Of Grandeur" 6:30 Movie Night</p>	<p>17 Mix Match Monday 10:10 Steel Feather Fitness: Zumba 1:30 Ping Pong with Ryan 3:15 Popcorn & Refreshments 3:30 Adventures with Doug "Half Dome" 6:30 Movie Night</p>	<p>18 Cozy Up (Pajama) Day 9:30 Hybrid Exercise with EmpowerMe 10:30 Brain Teaser: June Trivia 2:00 Health Chat w/ EmpowerME: "Mindful Living" 3:30 Meet & Greet Social 4:30 Walk For Wellness</p>	<p>19 Honoring Juneteenth 9:30 Strength & Training w/ Randal 10:30 Catholic Service 10:45 Documentary Wednesday 11:30 Taste, Travel & Explore: New Orleans, Louisiana 3:00 New Orleans Jazz 4:00 Bible Study with Hannah 6:30 Movie Night</p>	<p>20 Alzheimer's Awareness Day First Day of Summer 9:30 Strength & Training w/ Randal 10:30 Brain Teaser: List Ten 2:00 Alzheimer's Association Fundraiser Event 4:30 Walk For Wellness</p>	<p>21 A League of Our Own Day 9:30 Words in Phrase 10:10 Steel Feather Fitness: Zumba 1:30 Trip to Walmart 2:00 Rummikub with Friends 3:00 Shabbat Service 6:30 Movie Night</p>	<p>22 9:30 Strength & Endurance Fall & Prevention Exercise Class 10:45 Morning Gardening Club with Resident Debby 1:45 Jewelry Making Workshop with Resident Georgann 6:30 Movie Night</p>
	<p>23 9:30 Morning Walk For Wellness 10:30 Tech Help: Please Sign up in Binder by Double Door Elevator 2:00 Scrabble with Friends 3:30 Documentary Sunday 6:30 Movie Night</p>	<p>24 9:00 Walk to and through Arlington Garden with Ryan 10:10 Steel Feather Fitness: Zumba 2:30 Margaritas with Kevin 3:00 Live Entertainment with Singer Jordan Preston 6:30 Movie Night</p>	<p>25 9:30 Hybrid Exercise with EmpowerMe 10:30 Resident Meeting 11:30 Lunch Outing: Twohey's Restaurant 3:30 Karaoke with Ryan 4:30 Walk For Wellness</p>	<p>26 9:30 Strength & Training w/ Randal 10:30 Catholic Service 1:30 Documentary Wednesday 2:30 Happy Hour 3:00 Birthday Celebration with Michael Quest 4:00 Bible Study with Hannah 6:30 Movie Night</p>	<p>27 National Bingo Day Podiatrist Visit 9am-11am 9:30 Strength & Training w/ Randal 10:30 Brain Teaser: Pot Luck Quiz 2:00 Prize Bingo with Vanessa 3:30 Shuffle Board with Friends 4:30 Walk For Wellness</p>	<p>28 9:30 Words in Phrase 10:10 Steel Feather Fitness: Zumba 2:00 Rummikub with Friends 3:00 Piano Music with Neil Dorval 6:30 Movie Night</p>	<p>29 9:30 Strength & Endurance Fall & Prevention Exercise Class 10:45 Morning Gardening Club with Resident Debby 1:45 Arts & Crafts: Kindness Rock Painting with Vanessa 6:30 Movie Night</p>

Please sign up for activities listed in **RED**. Activities listed in **BLUE** are Entertainers. Activities in **GREEN** are led by a volunteer or outside agency. **Activities Subject to Change.**