

MorningStarSeniorLiving.com



SPECIAL EVENTS

Lunch @ Marigolds
4/3/2024 1130am

Cripple Creek
4/8/2024 10am

Crafts with Leslie
4/12/2024 2pm

Songs with Ginger
04/18/2024 2pm

Museum (Specific one TBD)
4/22/2024 10am

Casting a new light

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Trip to the Bahamas!!! 10am Sit and be fit 1030am Hand Massages 1pm Shopping at Target 2pm Watercolor 3pm Poker Club 6pm Movie April Fools Day	2 1015am Mass 1045am Manicures/Pedicures <u>1pm Havey Production "Downtown Denver"</u> 2pm Coffee Chat Neighbors 3pm Happy Hour/Bunco 6pm Movie	3 National Party Day 10am Food Council 1130am Lunch at Marigolds 1pm Garden Club 2pm Party on the Porch 3pm What's in a word 6pm Movie	4 10am Chair Tai Chi 1030 Resident Council <u>1pm Havey Production : Denver Union Station</u> 2pm Activity Planning!!! 3pm Happy Hour/Rummikub 6pm Movie	5 10am Bible Study 1030Flower Arranging 1pm Scenic Drive 2pm Ice Cream Social 3pm Bunco 6pm Movie	6 10am Sit and be Fit w/Amie 1030 Hand Massages 1pm Table Stations 2pm Scenic Drive 3pm Poker Club 6pm Movie
	7 National Beer Day 1015am Catholic Communion 1030am Table Puzzles 1pm Presbyterian Services 215pm Lutheran Services 3pm Beer in the Bistro 6pm Movie	8 Solar Eclipse 10am Outing; Cripple Creek 1030 Table Stations 1pm Virtual Chair Yoga 2pm Watercolor 3pm Poker Club 6pm Movie	9 10am Balloon Tennis 1030 Manicures/ Pedicures 1pm Library Stop <u>2pm Havey Production Broom-field</u> 3pm Happy Hour/Bunco 6pm Movie	10 10am Sit and Be fit 1030 Safeway Trip 1pm Garden Club 2pm Scenic Drive 3pm What's in a Word 6pm Movie	11 10am Morning Stroll <u>1030am Havey Production: Live and well in Wyoming</u> 130pm MENS Club w/ Mat 230pm Happy Hour/Rummikub 6pm Movie	12 10am Bible Study 1030Flower Arranging 1pm Scenic Drive 2pm Crafts with Leslie 3pm Bunco 6pm Movie	13 10am Sit and be Fit w/Amie 1030 Hand Massages 1pm Table Stations 2pm Scenic Drive 3pm Poker Club 6pm Movie
	14 1015am Catholic Communion 1030am Table Puzzles 1pm Presbyterian Services 215pm Lutheran Services 3pm Scenic Drive 6pm Movie	15 10am Active and Fit with Allison E 1030am Watercolor 1pm Yoga with Stacy 2pm Scenic Drive 3pm Poker Club 6pm Movie	16 1015 Mass 1045 Manicures/Pedicures <u>1pm Havey Production: Re-claiming the American dream</u> 2pm Coffee Chat with Neighbors 3pm Happy Hour/Bunco	17 National Banana day 10am Sit and be fit 1030am snack and socializing 1pm Garden Club 2pm Resident Ambassador Meeting 3pm Banana Splits 6pm Movie	18 10am Chair Tai Chi 1030 Baking <u>1pm Havey Production: Re-claiming the American dream</u> 2pm Songs with Ginger 3pm Happy Hour/Rummikub 6pm Movie	19 10am Bible Study 1030Flower Arranging 1pm Scenic Drive 2pm April Birthday Party! 3pm Rummikub 6pm Movie	20 10am Sit and be Fit w/Amie 1030 Hand Massages 1pm Table Stations 2pm Scenic Drive 3pm Poker Club 6pm Movie
	21 1015am Catholic Communion 1030am Table Puzzles 1pm Presbyterian Services 215pm Lutheran Services 3pm Scenic Drive 6pm Movie	22 10am Museum Outing 1030am Table Stations 1pm Virtual Chair Yoga 2pm Scenic Drive 3pm Poker Club 6pm Movie	23 10am Balloon Tennis 1030 Manicures/Pedicures 1pm Library Stop 2pm Tea and Trivia 3pm Happy Hour/Bunco 6pm Movie	24 10am Sit and Be fit 1030 snacks and socializing 1pm Garden Club 2pm scenic drive 3pm What's in a Word 6pm Movie	25 10am Morning Stroll 1030am Baking 1pm Matinee movie 2pm AL's cooking show 3pm Happy Hour/Rummikub 6pm Movie	26 10am Bible Study 1030Flower Arranging 1pm Scenic Drive 2pm Painting with a Twist 3pm Rummikub 6pm Movie	27 10am Sit and be Fit w/Amie 1030 Hand Massages 1pm Table Stations 2pm Scenic Drive 3pm Poker Club 6pm Movie
	28 1015am Catholic Communion 1030am Table Puzzles 1pm Presbyterian Services 215pm Lutheran Services 3pm Scenic Drive 6pm Movie	29 10am Sit and Be fit 1030 Table Stations 1pm Virtual Chair Yoga 2pm Corn Hole 3pm Poker Club 6pm Movie	30 1015 Mass 1045 Manicures/Pedicures 1pm Ted Talk 2pm Table Puzzles 3pm Happy Hour/Bunco 6pm Movie		Residents Victoria 4/4 Carol Wo 4/12 Jim 4/19 Pat 4/21 Nadine 4/27 Lino 4/30		Staff Ruth Ann 4/13 Christy 4/16 Tawana 4/18 Krystal 4/25

MorningStarSeniorLiving.com

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Daily =
1115 & 415 - Essential
oils and clean hands

1 **Trip to the Bahamas!**
10am Morning Exercise
1030am Sensory Stations
1pm Rest and Relax with Short Stories
2pm Scenic Drive
3pm Kickball
5pm Movie Night
APRIL FOOLS

2
1015am Mass
1045am Morning Exercise
1pm Rest and Relax with Encouragement and Affirmations
2pm Sensory Stations
3pm Happy Hour
5pm Movie Night

3 **National Party Day**
10am Get up and Dance
1030am Sensory Stations
1pm Rest and Relax with Short Stories
2pm **Party on the porch**
3pm Know Me So You Can Love Me
5pm Movie Night

4
10am Good News and Coffee
1030am Total Body Stretch
1pm Rest and Relax with Encouragement and Affirmations
2pm **Activity Planning Meeting**
3pm Happy Hour
5pm Movie night

5
10am **Bible Study**
1030 Flower Arranging
1pm Rest and Relax with Short Stories
2pm Ice Cream Social in AL Bistro
3pm Balloon Volleyball
5pm Movie Night

6
10am **Soca Workout with Allison K**
1030am Hand Massages
1pm Rest and Relax with Encouragement and Affirmations
2pm Scenic Drive
3pm Bowling
5pm Movie Night

SPECIAL EVENTS

Lunch @ Black Bear Diner
4/16 11am

Crafts with Leslie
4/12/2024 2pm

Songs with Ginger
04/18/2024 2pm

Butterfly Garden
4/29/2024 2pm

Happy Hour
Tuesday/
Thursday 3pm

7 **National Beer Day**
1015am Catholic Communion
1045am Morning Exercise
1pm Presbyterian Services
2pm Snacks & Social hour
3pm **Beer in the bistro**
5pm Movie Night

8 **Solar Eclipse**
10am Morning Exercise
1030am Sensory Stations
1pm Rest and Relax with Short Stories
2pm Scenic Drive
3pm kickball
5pm Movie Night

9
10am Morning Exercise
1030am Manicures/ Pedicures
1pm Rest and Relax with Encouragement and Affirmations
2pm Sensory Stations
3pm Happy Hour
5pm Movie Night

10
10am Get up and Dance
1030am Sensory Stations
1pm Rest and Relax with Short Stories
2pm Scenic Drive
3pm Know Me So You Can Love Me
5pm Movie Night

11
10am Morning Stroll
1030 Good news and coffee
1pm sensory class with Meghan
2pm rest and relax with encouragement and affirmations
3pm Happy Hour
5pm Movie night

12
10am **Bible Study**
1030 Flower Arranging
1pm Rest and Relax with Short Stories
2pm **Crafts with Leslie** or Sensory Stations
3pm Balloon Volleyball
5pm Movie Night

13
10am **Soca Workout with Allison K**
1030am hand massages
1pm Rest and Relax with Encouragement and Affirmations
2pm Scenic Drive
3pm Cornhole
5pm Movie Night

14
1015am Catholic Communion
1045am Morning Exercise
1pm Presbyterian Services
2pm Snacks & Social hour
3pm Scenic Drive
5pm Movie Night

15
10am Morning Exercise
1030am sensory stations
1pm Rest and Relax with Short Stories
2pm Scenic Drive
3pm kickball
5pm Movie Night

16
1015am Mass
1130am **outing: Lunch at Black Bear Diner**
1pm Rest and Relax with Encouragement and Affirmations
2pm Sensory Stations
3pm Happy Hour
5pm Movie Night

17 **Banana Day**
10am Get up and Dance
1030am Sensory Stations
1pm Rest and Relax with Short Stories
2pm **Banana splits**
3pm Know Me So You Can Love Me
5pm Movie Night

18
10am good news and coffee
1030am Total Body Stretch
1pm Rest and Relax with Encouragement and Affirmations
2pm **Songs with Ginger**
3pm Happy Hour
5pm Movie Night

19
10am **Bible Study**
1030 Flower Arranging
1pm Rest and Relax with Short Stories
2pm **April Birthday Party!**
3pm Balloon Volleyball
5pm Movie Night

20
10am **Soca Workout with Allison K**
1030 hand massages
1pm Rest and Relax with Encouragement and Affirmations
2pm Scenic Drive
3pm Bowling
5pm Movie Night

21
1015am Catholic Communion
1045am Morning Exercise
1pm Presbyterian Services
2pm Snacks & Social hour
3pm Scenic Drive
5pm Movie Night

22
10am Morning Exercise
1030 sensory stations
1pm Rest and Relax with Short Stories
2pm Scenic Drive
3pm Kickball
5pm Movie Night

23
10am Morning Exercise
1030am Manicures/ Pedicures
1pm Rest and Relax with Encouragement and Affirmations
2pm Sensory Stations
3pm Happy Hour
5pm Movie Night

24
10am Get up and Dance
1030am Sensory Stations
1pm Rest and Relax with Short Stories
2pm Scenic Drive
3pm Know Me So You Can Love Me
5pm Movie Night

25
10am Morning Stroll
1030 good news and coffee
1pm Rest and Relax with Encouragement and Affirmations
2pm **AL's cooking show**
3pm Happy Hour
5pm Movie Night

26
10am **Bible Study**
1030 Flower Arranging
1pm Rest and Relax with Short Stories
2pm Snacks and Socializing
3pm Balloon Volleyball
5pm Movie Night

27
10am **Soca Workout with Allison K**
1030 Hand Massages
1pm Rest and Relax with Encouragement and Affirmations
2pm Scenic Drive
3pm Cornhole
5pm Movie Night

28
1015am Catholic Communion
1045am Morning Exercise
1pm Presbyterian Services
2pm Snacks & Social hour
3pm Scenic Drive
5pm Movie Night

29
10am Morning Exercise
1030 Sensory Stations
1pm Rest and Relax with Short Stories
2pm **Outing; Butterfly Garden**
3pm Kickball
5pm Movie Night

30
1015am Mass
1045am Manicures/Pedicures
1pm Rest and Relax with Encouragement and Affirmations
2pm Sensory Stations
3pm Happy Hour
5pm Movie Night



Residents
Victoria 4/4
Carol Wo 4/12
Jim 4/19
Pat 4/21
Nadine 4/27
Lino 4/30



Staff
Ruth Ann 4/13
Christy 4/16
Tawana 4/18
Krystal 4/25

Casting a new light