

APRIL 2024

MORNINGSTAR SENIOR LIVING OF PASADENA

MorningStarSeniorLiving.com	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Sundays Church Transportation</p> <p><i>Please communicate with Marissa to schedule the transportation.</i></p> <ul style="list-style-type: none"> 9:15 Oak Villa Gospel 9:15 Lake Avenue Church 10:45 Holy Family Church 	<p>1 April Fools Day</p> <p>10:10 Steel Feather Fitness: Zumba</p> <p>11:00 Crosswords with Ryan</p> <p>2:00 Margarita Monday with Kevin</p> <p>2:30 Trivia</p> <p>6:30 Movie Night</p>	<p>2</p> <p>9:30 Hybrid Exercise with EmpowerMe</p> <p>10:30 Brain Teaser: Scattergories</p> <p>1:45 Bingo</p> <p>2:30 Pasadena City Community College "Music appreciation"</p> <p>4:30 Outdoor Walk & Meditation</p>	<p>3</p> <p>9:30 Strength & Training w/ Randal</p> <p>10:30 Catholic Service</p> <p>11:45 Friends of Music Concert</p> <p>1:30 Documentary Wednesday</p> <p>3:00 Funny Money Auction</p> <p>4:00 Bible Study with Hannah</p> <p>6:30 Movie Night</p>	<p>4</p> <p>9:30 Strength & Training w/ Randal</p> <p>10:30 Brain Teaser: Pot Luck Quiz</p> <p>2:30 Pasadena City Community College "History of European Art"</p> <p>4:30 Outdoor Walk & Meditation</p> <p>5:30 Live Evening Entertainment with Dave Silversparre</p>	<p>5</p> <p>9:30 Words in a Phrase</p> <p>10:10 Steel Feather Fitness: Zumba</p> <p>10:45 Axe Throwing</p> <p>1:30 Trip to Trader Joe's</p> <p>3:00 Shabbat Service</p> <p>6:30 Movie Night</p>	<p>6</p> <p>9:30 Strength & Endurance Fall & Prevention Exercise Class</p> <p>10:45 Gardening with Debby and Vanessa</p> <p>1:30 Arts & Crafts with Vanessa</p> <p>4:00 Music with Judy Kjos</p> <p>6:30 Movie Night</p>
	<p>Pasadena City College Classes Tuesdays and Thursday 2:30PM</p> <p>Live Entertainment with Dave Silversparre 4/4 5:30PM</p> <p>Music with Judy Kjos 4/6 & 4/20 4:00PM</p> <p>Live Entertainment with Matt Margucci 4/8 3:00PM</p> <p>Larry Evans Performs 4/13 3:00PM</p> <p>Health Chat with Empower Me "PT and Dementia" 4/15 2:00PM</p> <p>Adventures with Doug "The Crystal Ice Cave" 4/15 3:30PM</p> <p>Resident Patricia M. "Art Experience" 4/16 3:00PM</p> <p>Birthday Celebration with Michael Quest 4/17 3:00AM</p> <p>Museum Outing: Mission San Gabriel Arcángel 4/18 12:30PM</p> <p>Music Therapy with Joe Kaufman 4/19 10:45AM</p> <p>Love Songs with Jordan Preston 4/23 3:00PM</p> <p>LA Zoo Docent Outreach Presentation 4/24 2:30PM</p> <p>Lunch Outing: La Grande Orange 4/25 11:30AM</p> <p>Live Entertainment with Neil Dorval 4/26 3:00PM</p> <p>Celebrating International Jazz Day with The Varnish House Band 4/29 3:00PM</p>	<p>7 National Beer Day</p> <p>9:30 Morning Walk with Ryan</p> <p>10:30 Tech Help: Please Sign up in Binder by Double Door Elevator</p> <p>2:00 Mahjong with Friends</p> <p>3:00 Beer Tasting Social</p> <p>6:30 Movie Night</p>	<p>8</p> <p>10:10 Steel Feather Fitness: Zumba</p> <p>11:00 Crosswords with Ryan</p> <p>2:30 Happy Hour</p> <p>3:00 Live Entertainment with Pianist & Vocalist Matt Margucci</p> <p>6:30 Movie Night</p>	<p>9</p> <p>9:30 Hybrid Exercise with EmpowerMe</p> <p>10:30 Coffee & Donuts with Kevin</p> <p>1:45 Bingo</p> <p>2:30 Pasadena City Community College "Music appreciation"</p> <p>4:30 Outdoor Walk & Meditation</p>	<p>10 National Banana Day</p> <p>9:30 Strength & Training w/ Randal</p> <p>10:30 Catholic Service</p> <p>1:30 Documentary Wednesday</p> <p>3:00 Meet and Greet Social with Banana Milkshakes</p> <p>4:00 Bible Study with Hannah</p> <p>6:30 Movie Night</p>	<p>11</p> <p>9:30 Strength & Training w/ Randal</p> <p>10:30 Chat with Chef Rigo</p> <p>1:30 Patio Lemonade & Pastries Social with Vanessa</p> <p>2:30 Pasadena City Community College "History of European Art"</p> <p>4:30 Outdoor Walk & Meditation</p>	<p>12</p> <p>9:30 Words in Phrase</p> <p>10:10 Steel Feather Fitness: Zumba</p> <p>11:00 Butterfly Vendor</p> <p>1:30 Trip to Target</p> <p>2:00 Rummikub with Friends</p> <p>6:30 Movie Night</p>
	<p>14</p> <p>9:30 Morning Walk with Ryan</p> <p>10:30 Tech Help: Please Sign up in Binder by Double Door Elevator</p> <p>2:00 Mahjong with Friends</p> <p>3:30 Ted Talks</p> <p>6:30 Movie Night</p>	<p>15</p> <p>10:10 Steel Feather Fitness: Zumba</p> <p>2:00 Health Chat w/ EmpowerME: "PT and Dementia"</p> <p>3:15 Popcorn & Refreshments</p> <p>3:30 Adventures with Doug</p> <p>"The Crystal Ice Cave"</p> <p>6:30 Movie Night</p>	<p>16</p> <p>9:30 Hybrid Exercise with EmpowerMe</p> <p>10:30 Brain Teaser: List Ten</p> <p>2:30 Resident Patricia M. "Art Experience"</p> <p>4:30 Outdoor Walk & Meditation</p>	<p>17</p> <p>9:30 Strength & Training w/ Randal</p> <p>10:30 Catholic Service</p> <p>11:45 Friends of Music Concert</p> <p>2:30 Happy Hour</p> <p>3:00 Birthday Celebration with Michael Quest</p> <p>4:00 Bible Study with Hannah</p> <p>6:30 Movie Night</p>	<p>18</p> <p>9:30 Strength & Training w/ Randal</p> <p>10:30 Brain Teaser: Pot Luck Quiz</p> <p>12:30 Museum Outing: Mission San Gabriel Arcángel</p> <p>4:00 April Trivia</p> <p>4:30 Outdoor Walk & Meditation</p>	<p>19</p> <p>9:30 Words in Phrase</p> <p>10:10 Steel Feather Fitness: Zumba</p> <p>10:45 Music Therapy with Joe Kaufman</p> <p>1:30 Trip to Walmart</p> <p>3:00 Shabbat Service</p> <p>6:30 Movie Night</p>	<p>20</p> <p>9:30 Strength & Endurance Fall & Prevention Exercise Class</p> <p>10:45 Gardening with Debby</p> <p>1:30 Jewelry Making Workshop with Vanessa</p> <p>4:00 Music with Judy Kjos</p> <p>6:30 Movie Night</p>
	<p>21</p> <p>9:30 Morning Walk with Ryan</p> <p>10:30 Tech Help: Please Sign up in Binder by Double Door Elevator</p> <p>2:00 Mahjong with Friends</p> <p>3:30 Ted Talks</p> <p>6:30 Movie Night</p>	<p>22 Earth Day Green or Blue Day</p> <p>10:10 Steel Feather Fitness: Zumba</p> <p>11:00 Crosswords with Ryan</p> <p>2:00 Margarita Monday with Kevin</p> <p>2:30 Trivia</p> <p>6:30 Movie Night</p>	<p>23 National Lovers Day Heart on your Sleeve Day</p> <p>9:30 Hybrid Exercise with EmpowerMe</p> <p>10:30 Resident Meeting</p> <p>2:30 Pasadena City Community College "Music appreciation"</p> <p>3:00 Love Songs with Jordan Preston</p> <p>4:30 Outdoor Walk & Meditation</p>	<p>24 Animal Print Day</p> <p>9:30 Strength & Training w/ Randal</p> <p>10:30 Catholic Service</p> <p>1:30 Documentary Wednesday</p> <p>2:30 LA Zoo Docent Outreach Presentation</p> <p>4:00 Bible Study with Hannah</p> <p>6:30 Movie Night</p>	<p>25 Hippy Day</p> <p>9:30 Strength & Training w/ Randal</p> <p>10:30 Brain Teaser: Pot Luck Quiz</p> <p>11:30 Lunch Outing: La Grande Orange</p> <p>2:30 Pasadena City Community College "History of European Art"</p> <p>4:30 Outdoor Walk & Meditation</p>	<p>26 National Pretzel Day Superhero Day</p> <p>9:30 Words in Phrase</p> <p>10:10 Steel Feather Fitness: Zumba</p> <p>1:30 Trip to 99 Cents Store</p> <p>2:00 Rummikub with Friends</p> <p>3:00 Piano Music with Neil Dorval</p> <p>6:30 Movie Night</p>	<p>27</p> <p>9:30 Strength & Endurance Fall & Prevention Exercise Class</p> <p>10:30 Local Library Trip</p> <p>10:45 Gardening with Debby</p> <p>1:30 Bingo</p> <p>6:30 Movie Night</p>
	<p>28</p> <p>9:30 Morning Walk with Ryan</p> <p>10:30 Tech Help: Please Sign up in Binder by Double Door Elevator</p> <p>2:00 Mahjong with Friends</p> <p>3:30 Ted Talks</p> <p>6:30 Movie Night</p>	<p>29</p> <p>10:10 Steel Feather Fitness: Zumba</p> <p>11:00 Crosswords with Ryan</p> <p>2:30 Happy Hour</p> <p>3:00 Celebration "International Jazz Day" w/Varnish House Band</p> <p>6:30 Movie Night</p>	<p>30 International Jazz Day</p> <p>9:30 Hybrid Exercise with EmpowerMe</p> <p>10:30 Brain Teaser Scattergories</p> <p>1:45 Bingo</p> <p>2:30 Pasadena City Community College "Music appreciation"</p> <p>4:30 Outdoor Walk & Meditation</p>			<p>Resident's Birthday</p> <p>4/2 - Ida H. 4/22- Don D.</p> <p>4/3- Victor M. 4/23 - Gloria L.</p> <p>4/4 - Jon A. 4/23 - Martha J.</p> <p>4/20- Hannelore B. 4/24- Judy C.</p> <p>4/20- Jane H.</p>	<p>Staff Birthday</p> <p>4/3 - Manuel V.</p> <p>4/4 - Maria B.</p> <p>4/8 Ella S.</p> <p>4/11 - Joanna B.</p> <p>4/25 - Andres F.</p> <p>4/28- Rigo A.</p> <p>4/29 - Maria R.</p>

Please sign up for activities listed in **RED**. Activities listed in **BLUE** are Entertainers. Activities in **GREEN** are led by a volunteer or outside agency. **Activities Subject to Change.**