

APRIL 2024 ASSISTED LIVING

MORNINGSTAR SENIOR LIVING OF SANTA FE

MorningStarSeniorLiving.com	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>SPECIAL EVENTS Every Sunday Nondenominational Church Service 1:30-2:00</p> <p>Every Monday Catholic Communion 11:30-11:45</p> <p>Every Wednesday Grocery Shopping Trip 10:00-11:00</p> <p>1st & 3rd Saturday SF Animal Shelter Dog Visit 2:30 - 3:30</p> <p>April 3 5-Year Resident Party 2:00 - 5:00</p> <p>April 23 Horticulture Club 2:00 - 3:00</p> <p>April 23 Lunch Bunch Outing: Chow's Asian Bistro 11:15 - 1:30</p>	<p>**** Activities are subject to change w/o notice *****</p>	<p>1 10:00 Morning Social w/ Coffee and Donuts (BIS) 11:00 Seated Yoga (FIT) 11:30 Catholic Communion (T) 2:00 Glamour Nails (BIS) 3:00 Musical Movie Monday & Popcorn (T)</p>	<p>2 10:00 Monthly Morning Devotional (LEC) 11:00 Ballet Movement w/ Margot (FIT) 1:30 Arts and Crafts: Pop Up Flower Cards (LEC) 3:00 Afternoon Movie & Popcorn (T)</p>	<p>3 10:00 Shopping Trip: Albertson's 11:00 Seated Cardio (FIT) 1:30 Spanish Class w/Claire (T) 2:00 MSSF 5-Year-Resident Party w/Musical Entertainment John Martinez (LEC)</p>	<p>4 10:00 Trivia Time! (LEC) 11:00 Low Impact Fitness (FIT) 1:00 *Flower Arranging (LEC) 3:00 Thirsty Thursday Happy Hour w/Chris on Guitar (D)</p>	<p>5 10:00 Morning Social w/ Coffee & Donuts (BIS) 11:00 Seated Pilates (FIT) 2:00 Arts and Crafts: Paper Strips Bunnies (LEC) 3:00 Afternoon Movie & Popcorn (T)</p>	<p>6 11:00 Seated Low Impact Fitness (FIT) 1:00 After Lunch Walk around the Block 2:30 SF Animal Shelter Dog Visit (OP) 3:30 Season 1 Episode 1: Bridgerton (T)</p>
	<p>7 11:00 Low Impact Fitness (FIT) 1:30 Nondenominational Church Service (R) 2:00 Sing-a-Long (R) 3:00 Afternoon Movie & Popcorn</p>	<p>8 10:00 Morning Social w/Coffee and Donuts (BIS) 11:00 Seated Yoga (FIT) 11:30 Catholic Communion (T) 12:00 Musical Lunch w/Kevin Whitcombe (D) 2:00 Glamour Nails (BIS) 3:00 Musical Movie Monday & Popcorn (T)</p>	<p>9 Eid al-Fitr Begins at Sundown 10:00 Bible Study (LEC) 11:00 Seated Ballet (FIT) 11:30 Methodist Church Service w/Communion (T) 1:30 Arts and Crafts: 3D Paper Butterfly (LEC) 3:00 Afternoon Movie & Popcorn (T)</p>	<p>10 10:00 Shopping Trip: Smith's 11:00 Seated Cardio (FIT) 1:30 Spanish Class w/Claire (T) 2:00 MSSF 5-Year-Marketing Party w/Musical Entertainment Chris Candelaria (LEC)</p>	<p>11 10:00 Trivia Time (LEC) 11:00 Low Impact Fitness (FIT) 1:30 Mind and Melody Music Therapy (FIT) 3:00 Thirsty Thursday Happy Hour w/Ruchell on Piano (D)</p>	<p>12 10:00 Morning Social w/ Coffee and Donuts 11:00 Seated Pilates (FIT) 2:00 Arts and Crafts: Bow-Tie Noodle Butterflies (LEC) 3:00 Afternoon Movie & Popcorn</p>	<p>13 11:00 Seated Low Impact Fitness (FIT) 1:30 After Lunch Walk around the Block 3:30 Season 1 Episode 2: Bridgerton (T)</p>
	<p>14 11:00 Low Impact Fitness (FIT) 1:30 Nondenominational Church Service (R) 2:00 BINGO (R) 3:00 Afternoon Movie & Popcorn</p>	<p>15 10:00 Morning Social w/ Coffee and Donuts (BIS) 11:00 Seated Yoga (FIT) 11:30 Catholic Communion (T) 2:00 Glamour Nails (BIS) 3:00 Musical Movie Monday & Popcorn (T)</p>	<p>16 10:00 Bible Study (LEC) 11:00 Ballet Movement w/ Margot (FIT) 12:00 Musical Lunch w/UKE 101 (D) 1:30 Arts and Crafts: Bubble Paint Hydrangeas (LEC) 3:00 Afternoon Movie & Popcorn (T)</p>	<p>17 10:00 Shopping Trip: Albertson's 11:00 Seated Cardio (FIT) 1:30 Spanish Class w/Claire (T) 2:30 Ice Cream Trolley (Roaming) 3:00 Weekly Documentary (T)</p>	<p>18 10:00 Trivia Time (LEC) 11:00 Low Impact Fitness (FIT) 1:00 *Flower Arranging 3:00 Thirsty Thursday Happy Hour w/Ken on Guitar (D)</p>	<p>19 10:00 Morning Social w/ Coffee and Donuts 11:00 Seated Pilates (FIT) 2:00 La Farge Library Popup Outreach Program (BIS) 3:00 Afternoon Movie & Popcorn (T)</p>	<p>20 11:00 Seated Low Impact Fitness (FIT) 1:00 After Lunch Walk around the Block 2:30 SF Animal Shelter Dog Visit (OP) 3:30 Season 1 Episode 3: Bridgerton (T)</p>
	<p>21 11:00 Low Impact Fitness (FIT) 1:30 Nondenominational Church Service (R) 2:00 Sing-a-Long (R) 3:00 Afternoon Movie & Popcorn</p>	<p>22 Passover Begins at Sundown Earth Day 10:00 Morning Social w/Coffee and Donuts (BIS) 11:00 Seated Yoga (FIT) 11:30 Catholic Communion (T) 12:00 Musical Lunch w/Kevin Whitcombe (D) 2:00 Glamour Nails (BIS) 3:00 Musical Movie Monday & Popcorn (T)</p>	<p>23 10:00 Bible Study (LEC) 11:00 Seated Ballet (FIT) 2:00 Horticulture Club (LEC) 3:00 Afternoon Movie & Popcorn (T)</p>	<p>24 10:00 Shopping Trip: Smith's 11:00 Seated Cardio (FIT) 11:15 Lunch Bunch Outing: Chow's Asian Bistro 1:30 Spanish Class w/Claire (T) 3:00 Weekly Documentary (T)</p>	<p>25 10:00 Trivia Time (LEC) 11:00 Low Impact Fitness (FIT) 1:00 *Flower Arranging (LEC) 3:00 Thirsty Thursday Happy Hour w/Roger's Family Entertainment (D)</p>	<p>26 10:00 Morning Social w/ Coffee and Donuts 11:00 Seated Pilates (FIT) 2:00 Arts and Crafts: Popsicle Stick Bird Feeder 3:00 Afternoon Movie & Popcorn</p>	<p>27 11:00 Seated Low Impact Fitness (FIT) 1:30 After Lunch Walk around the Block 3:30 Season 1 Episode 4: Bridgerton (T)</p>
	<p>28 Orthodox Palm Sunday 11:00 Low Impact Fitness (FIT) 1:30 Nondenominational Church Service (R) 2:00 BINGO (R) 3:00 Afternoon Movie & Popcorn</p>	<p>29 10:00 Morning Social w/ Coffee and Donuts (BIS) 11:00 Seated Yoga (FIT) 11:30 Catholic Communion (T) 2:00 Glamour Nails (BIS) 3:00 Musical Movie Monday & Popcorn (T)</p>	<p>30 10:00 Bible Study (LEC) 11:00 Ballet Movement w/ Margot (FIT) 1:30 Arts and Crafts: Paper Plate Flower Wreaths (LEC) 3:00 Afternoon Movie & Popcorn</p>	<p>Location Key: LEC: Life Enrichment Center FIT: Fitness Center T: Theatre BIS: Bistro D: Dining Room PD: Private Dining Room R: Reflections OP: Outside Patio</p>	<p>April Birthdays RESIDENTS: April 1 - Verona April 2 - Frances April 7 - Robert April 7 - Virginia April 18 - Marcia April 18 - Karen April 25 - Marion April 26 - Anne April 26 - Kenny</p>	<p>April Birthdays STAFF: April 10 - Nancy</p>	<p>**** Activities are subject to change w/o notice *****</p>

Casting a new light