

MAY 2024

MORNINGSTAR RIVER OAKS ASSISTED LIVING

MorningStarSeniorLiving.com

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Key:
AR– Art Room
CR– Club Room (6th Floor)
Fitness Center (6th Floor)

Birthdays:
Katherine Z. 5/4
Tony G. 5/4
Eileen S. 5/10
Patricia S. 5/24
John C. 5/27
Amanda P. 5/28

1
10am Tone and Stretch-FC
10:45am Stop and Shop: CVS/ Walgreens-Front Lobby
2pm Fancy Nails– Bistro/Lounge
3pm Word in a Word– Bistro/ Lounge

2
9:30am Coffee w/ Steve– Bistro
10am Seared Dance w/ Paloma– Bistro/Lounge
10:30am Walking Club– Front Lobby
2pm Crafting Creations: High Tea Hats– AR

3
10am Fitness with Stan –FC
11am Bingo! - Bistro
1:30pm One on One Visits– Door to Door
3pm TGIF Happy Hour-Bistro
4:00pm Jenga and Darts– Bistro/ Lounge

4
10am Fitness w/Stan-FC
11am Color Me Calm– AR
1:30pm Watch the Kentucky Derby– Theatre
2:30pm Corn Hole– 1st Floor Patio
3pm Chicken Foot Game– Bistro/ Lounge
4pm Evening Devotion– Theatre

SPECIAL EVENTS

May 5th
Margaritas and Salsa Tasting—Bistro
2pm—3pm

May 7th
Pet Visits—Door to Door
1pm—4:30pm

May 9th
Class on the Grass– 1st Floor Patio
4pm—5:30pm

May 10th
Mother's Day High Tea—Bistro/Lounge
11am—12:30pm

May 12th
Mother's Day Music—Bistro/Lounge
11am—12pm

5 Cinco De Mayo
10:15am Communion and Prayers w/ St. Anne Catholic Church– 2nd Floor Reflections
11am Fitness w/ Rose– FC
2pm Margaritas and Salsa Tasting– Bistro
3pm Movie and Popcorn: Resident's Choice– Theatre

12 Mother's Day
10:15am Communion and Prayers w/ St. Anne Catholic Church– 2nd Floor Reflections
11am Mother's Day Music w/ David LaDuca– Bistro/Lounge
2pm Sundae Pokeno-Bistro/ Lounge
3pm Movie and Popcorn: Resident's Choice– Theatre

19
10:15am Communion and Prayers w/ St. Anne Catholic Church– 2nd Floor Reflections
11am Fitness w/ Rose– FC
2pm Sundae Pokeno-Bistro/ Lounge
3pm Movie and Popcorn: Resident's Choice– Theatre

26
10:15am Communion and Prayers w/ St. Anne Catholic Church– 2nd Floor Reflections
11am Fitness w/ Rose– FC
2pm Sundae Pokeno-Bistro/ Lounge
3pm Movie and Popcorn: Resident's Choice– Theatre

6
10am Fitness w/ Stan –FC
11am Art with Rose –AR
1:30pm Bible Study w/ Stan– CR
3pm Trivia- Theatre

13
10am Fitness w/ Stan –FC
11am Art with Rose –AR
1:30pm Bible Study w/ Stan– CR
3pm Trivia- Theatre

20
10am Fitness w/ Stan –FC
11am Art with Rose –AR
1:30pm Bible Study w/ Stan– CR
3pm Trivia- Theatre

27 Memorial Day
10am Fitness w/ Stan –FC
11am Art with Rose –AR
12pm Memorial Day Cookout– 1st Floor Patio
1:30pm Bible Study w/ Stan– CR
3pm Trivia- Theatre

7
10am Empower Me Fitness-FC
11am Travelogue: Rick Steve's Amsterdam – CR
1pm– Pet visits w/ Leslie (Rose's Dog)– Door to Door
3pm Word Finds, Sudoku, and Crosswords—Bistro

14
10am Empower Me Fitness-FC
11pm TED Talks: The Art of Persuasive Storytelling– CR
12pm Lunch w/ Rose—Dining Room
2pm Resident Council-CR
3pm Ice Cream Social– CR

21
10am Empower Me Fitness-FC
11am Travelogue: Rick Steve's The Netherlands: – CR
2pm Food Council– 1st Floor Theatre
3pm Popsicles on the Patio– 1st Floor Patio

28
10am Empower Me Fitness-FC
11pm TED Talks: Are You A Giver or a Taker– CR
2pm Baking Cookies with/Rose– Bistro

8
10am Tone and Stretch-FC
10:45am Lunch Bunch: Khyber North Indian Grill-Front Lobby
2pm Fancy Nails– Bistro/Lounge
3pm Word in a Word– Bistro/ Lounge

15
10am Tone and Stretch-FC
10:45am Stop and Shop: Dollar Tree -Front Lobby
2pm Fancy Nails– Bistro/Lounge
3pm Word in a Word– Bistro/ Lounge

22
10am Tone and Stretch-FC
10:45am Lunch Bunch: Grace's-Front Lobby
2pm Fancy Nails– Bistro/Lounge
3pm Word in a Word– Bistro/ Lounge

29
10am Tone and Stretch-FC
10:45am Stop and Shop: Target-Front Lobby
2pm Fancy Nails– Bistro/Lounge
3pm Word in a Word– Bistro/ Lounge

9
9:30am Coffee w/ Steve– Bistro
10am Seared Dance w/ Paloma– Bistro/ Lounge
10:30am Walking Club– Front Lobby
1pm Jim Connors Music Performance– Bistro/Lounge
2pm Crafting Creations: Jewelry Boxes – AR
4pm Class on the Grass: Mixology– 1st Floor Patio

16
9:30am Coffee w/ Steve– Bistro
10am Seared Dance w/ Paloma– Bistro/Lounge
10:30am Walking Club– Front Lobby
11am Tony Mac Music Performance– Bistro/Lounge
3:30pm Crafting Creations: Flower Pens– AR

23
9:30am Coffee w/ Steve– Bistro
10am Seared Dance w/ Paloma– Bistro/Lounge
10:30am Walking Club– Front Lobby
2pm Rodney Rasberry Music Performance– Bistro Lounge
3:30pm Crafting Creations– AR

30
9:30am Coffee w/ Steve– Bistro
10am Seared Dance w/ Paloma– Bistro/Lounge
10:30am Walking Club– Front Lobby
2pm Crafting Creations– AR

10
10am Fitness with Stan –FC
11am Mother's Day High Tea– Bistro/Lounge
1:30pm One on One Visits– Door to Door
3pm TGIF Happy Hour-Bistro
4:00pm Jenga and Darts– Bistro/ Lounge

17
10am Fitness with Stan –FC
11am Bingo! - Bistro
1:30pm One on One Visits– Door to Door
3pm TGIF Happy Hour-Bistro
4:00pm Jenga and Darts– Bistro/ Lounge

24
10am Fitness with Stan –FC
11am Bingo! - Bistro
1:30pm One on One Visits– Door to Door
3pm TGIF Happy Hour-Bistro
4:00pm Jenga and Darts– Bistro/ Lounge

31
10am Fitness with Stan –FC
11am Bingo! - Bistro
1:30pm One on One Visits– Door to Door
3pm TGIF Happy Hour-Bistro
4:00pm Jenga and Darts– Bistro/ Lounge

11
10am Fitness w/Stan-FC
11am Color Me Calm– AR
1:30pm Meet and Greet Visits– Door to Door
2pm: Men's Corner: Show and Tell-CR
3pm Chicken Foot Game– Bistro/ Lounge
4pm Evening Devotion– Theatre

18
10am Fitness w/Stan-FC
11am Color Me Calm– AR
1:30pm Meet and Greet Visits– Door to Door
2:30pm Corn Hole– 1st Floor Patio
3pm Chicken Foot Game– Bistro/ Lounge
4pm Evening Devotion– Theatre

25
10am Fitness w/Stan-FC
11am Color Me Calm– AR
1:30pm Meet and Greet Visits– Door to Door
2:30pm Corn Hole– 1st Floor Patio
3pm Chicken Foot Game– Bistro/ Lounge
4pm Evening Devotion– Theatre

For up-to-date and more specific information, please see our Day-At -A -Glance daily flyers, as sometimes locations and activities may change.

Casting a new light

Please sign up for activities listed in **RED**. Activities listed in **BLUE** are Entertainers. Activities in **GREEN** are led by a volunteer or outside agency.