

MAY 2024

MORNINGSTAR RIVER OAKS REFLECTIONS

MorningStarSeniorLiving.com

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Key:

AR– Art Room
CR– Club Room (6th Floor)
Fitness Center (6th Floor)

Birthdays:

Katherine Z. 5/4
Tony G. 5/4
Eileen S. 5/10
Patricia S. 5/24
John C. 5/27
Amanda P. 5/28

1

9:30am Balloon Fitness
10am Today in History and Prayer
10:30am Just Baking Memories
1:30pm Tasting Memories
2:30pm Miles of Memories: Torchy's Taco
3:30pm Jewelry Making
4:30pm Evening Devotion

2

9:30am Today in History and Prayer
10am Seated Dance w/ Paloma-Bistro/Lounge
10:45am Paint Party
2pm Refreshments & Patio Chats
3pm Movie Matinee
4:30pm Evening Devotion

3

9:30am Stretch and Flex
10am Today in History and Prayer
10:30: Table Top Games
2pm Fancy Nails
2:30pm Hand Massages
3pm TGIF Happy Hour-Bistro
4:30pm Evening Devotion

4

9:30am Seated Fitness
10am Today in History and Prayer
10:30am Color Me Calm
1:30pm Watch The Kentucky Derby
2pm Patio Refreshments and Chat
3pm Saturday Strolls
4:30pm Evening Devotion

SPECIAL EVENTS

May 5th
Margaritas and Salsa Tasting—Reflections Living Room
1pm—2pm

May 7th
Pet Visits—Door to Door
1pm—4:30pm

May 9th
Class on the Grass— 1st Floor Patio
4pm—5:30pm

May 10th
Mother's Day High Tea—Bistro/Lounge
11am—12:30pm

May 12th
Mother's Day Music—Bistro/Lounge
11am—12pm

5 Cinco De Mayo

10am Today in History and Prayer
10:15am Communion and Prayers w/ St. Anne Catholic Church 11am Stretch and Flex
1pm Learn About Cinco De Mayo: Mock-Margaritas & Salsa Tasting
3pm Walk and Stroll
3:30pm Dominoes and Cards
4:30 Evening Devotion

12 Mother's Day

10am Today in History and Prayer
10:15am Communion and Prayers w/ St. Anne Catholic Church **11am Mother's Day Music w/ David LaDuca-Bistro/Lounge**
1pm Movie Matinee
3pm Walk and Stroll
3:30pm Dominoes and Cards
4:30 Evening Devotion

19

10am Today in History and Prayer
10:15am Communion and Prayers w/ St. Anne Catholic Church
11am Stretch and Flex
1pm Movie Matinee
3pm Walk and Stroll
3:30pm Dominoes and Cards
4:30 Evening Devotion

26

10am Today in History and Prayer
10:15am Communion and Prayers w/ St. Anne Catholic Church
11am Stretch and Flex
1pm Movie Matinee
3pm Walk and Stroll
3:30pm Dominoes and Cards
4:30 Evening Devotion

6

9:30am: Morning Workout
10am Today in History and Prayer
10:30am Table Top Games
11am IN2L Games
2pm Reflective Discussions
2:30pm Word Lovers Book Club
3pm Sing Along
4pm Evening Devotion

13

9:30am: Morning Workout
10am Today in History and Prayer
10:30am Music Therapy w/ Angel
2pm IN2L Games
2:30pm Book Club and Discussions
3pm Sing Along
4pm Evening Devotion

20

9:30am: Morning Workout
10am Today in History and Prayer
10:30am Table Top Games
11am IN2L Games
2pm Reflective Discussions
2:30pm Word Lovers Book Club
3pm Sing Along
4pm Evening Devotion

27 Memorial Day

9:30am: Morning Workout
10am Today in History and Prayer
10:30am Music Therapy w/ Angel
12pm Memorial Day Cookout
2:30pm Book Club and Discussions
3pm Sing Along
4pm Evening Devotion

7

9:30am Silver Sneakers Exercise
10am Today in History and Prayer
10:30 Walking Club
1pm– Pet visits w/ Leslie (Rose's Dog)– Community
2:00 Creative Crafters
3pm Beach Ball Toss
4:30pm Evening Devotion

14

9:30am Silver Sneakers Exercise
10am Today in History and Prayer
10:30 Walking Club
2:00 Creative Crafters
3pm Rock N Bowl
4:30pm Evening Devotion
5pm Reflections Family Council-Theatre

21

9:30am Silver Sneakers Exercise
10am Today in History and Prayer
10:30 Walking Club
2:00 Creative Crafters
3pm Popsicles on the Patio- 1st Floor Patio
4:30pm Evening Devotion

28

9:30am Silver Sneakers Exercise
10am Today in History and Prayer
10:30 Walking Club
2:00 Creative Crafters
3pm Rock N Bowl
4:30pm Evening Devotion

8

9:30am Balloon Fitness
10am Today in History and Prayer
10:30am Just Baking Memories
1:30pm Tasting Memories
2:30pm Miles of Memories: Torchy's Tacos
3:30pm Jewelry Making
4:30pm Evening Devotion

15

9:30am Balloon Fitness
10am Today in History and Prayer
10:30am Just Baking Memories
1:30pm Tasting Memories
2:30pm Miles of Memories: Heights Neighborhood
3:30pm Jewelry Making
4:30pm Evening Devotion

22

9:30am Balloon Fitness
10am Today in History and Prayer
10:30am Just Baking Memories
1:30pm Tasting Memories
2:30pm Miles of Memories: Heights Neighborhood
3:30pm Jewelry Making
4:30pm Evening Devotion

29

9:30am Balloon Fitness
10am Today in History and Prayer
10:30am Just Baking Memories
1:30pm Tasting Memories
2:30pm Miles of Memories: Sonic Drive In
3:30pm Jewelry Making
4:30pm Evening Devotion

9

9:30am Today in History and Prayer
10am Seated Dance w/ Paloma-Bistro/Lounge
10:45am Paint Party
1pm Music w/ Jim Conners- Bistro/Lounge
3pm Movie Matinee
4:30pm Evening Devotion

16

9:30am Today in History and Prayer
10am Seated Dance w/ Paloma-Bistro/Lounge
11am Music w/ Tony Mac-Bistro/Lounge
2pm Paint Party
3pm Movie Matinee
4:30pm Evening Devotion

23

9:30am Today in History and Prayer
10am Seated Dance w/ Paloma-Bistro/Lounge
10:45am Paint Party
2pm Music w/ Rodney Rasberry-Bistro/Lounge
3pm Movie Matinee
4:30pm Evening Devotion

30

9:30am Today in History and Prayer
10am Seated Dance w/ Paloma-Bistro/Lounge
10:45am Paint Party
2pm Refreshments & Patio Chats
3pm Movie Matinee
4:30pm Evening Devotion

10

9:30am Stretch and Flex
10am Today in History and Prayer
10:30: Table Top Games
11am Mother's Day High Tea-Bistro/Lounge
2pm Fancy Nails
2:30pm Hand Massages
3pm TGIF Happy Hour-Bistro
4:30pm Evening Devotion

17

9:30am Stretch and Flex
10am Today in History and Prayer
10:30: Table Top Games
2pm Fancy Nails
2:30pm Hand Massages
3pm TGIF Happy Hour w/ Herman Lee-Bistro/Lounge
4:30pm Evening Devotion

24

9:30am Stretch and Flex
10am Today in History and Prayer
10:30: Table Top Games
2pm Fancy Nails
2:30pm Hand Massages
3pm May Birthday Happy Hour Celebration w/ Julia -Bistro/Lounge
4:30pm Evening Devotion

31

9:30am Stretch and Flex
10am Today in History and Prayer
10:30: Table Top Games
2pm Fancy Nails
2:30pm Hand Massages
3pm TGIF Happy Hour-Bistro
4:30pm Evening Devotion

11

9:30am Seated Fitness
10am Today in History and Prayer
10:30am Color Me Calm
12pm Reflections Family Day Luau
2pm Relaxation and Tunes
3pm Saturday Strolls
4:30pm Evening Devotion

18

9:30am Seated Fitness
10am Today in History and Prayer
10:30am Color Me Calm
2pm Patio Refreshments and Chat
3pm Saturday Strolls
4:30pm Evening Devotion

25

9:30am Seated Fitness
10am Today in History and Prayer
10:30am Color Me Calm
2pm Patio Refreshments and Chat
3pm Music w/ Shevon
4:30pm Evening Devotion

For up-to-date and more specific information, please see our Day-At-A-Glance daily flyers, as sometimes locations and activities may change.

Casting a new light